



ST ANDREWS MOSCOW
www.standrewsmoscow.org
facebook: moscowanglican
Voznesensky Pereulok 8/5



WELCOME TO ST ANDREW'S

Sunday 22 March, Fourth Sunday of Lent

If you are visiting, please introduce yourself to the chaplain at the end of the service. In view of coronavirus, please keep at least a chair's distance between yourself and the next person, and do not shake hands. Only bread will be offered at communion, and we will not 'share' the peace. Toilets are downstairs.

**"The Lord is my shepherd;
therefore can I lack nothing."**

8:30 Holy Communion (traditional language)

11:00 Holy Communion with group for children. There is a play area for children under 5 in the room next to the church, but children need to be accompanied by a parent. An activity sheet for children is at the back of the church.

Leader: the Chaplain; Preacher: Nicolette Kirk;

Intercessions: Mary Kilikidi

We regret there will be no simple lunch, bible study nor liturgy group after the service.

Hymns:

30 - Amazing Grace
637 - The Lord's my shepherd
592 - Spirit of God
401 - Longing for light

During Communion

141 - Father, hear the prayer we offer
591 - Spirit divine, attend our prayers
778 - Nada te turbe

Collect: Merciful Lord, you know our struggle to serve you: when sin spoils our lives and overshadows our hearts, come to our aid and turn us back to you again; through Jesus Christ our Lord. Amen

A prayer for Lent from St Ephraim the Syrian: O Lord and Ruler of my life, do not give to me a spirit of laziness, discouragement, lust for power, or of idle talk. But give to me, Your servant, the spirit of self-control, humility, patience and love. O Lord and King, grant that I may see my own sins and not judge my brother or sister. For You are blessed now and forever. Amen.

Sign up for our mailings

Sign up at our website, www.standrewsmoscow.org, if you do not currently receive our mailings and would like to do so. In view of the rapidly changing situation, it is the simplest way for us to keep in touch with you. Copies of most chaplain's letters will also appear on the facebook page, and if you don't have facebook, they can be seen on the front page of our website. We will be attempting to live stream some of the services from St Andrew's, and these can be accessed on facebook, or on the front page of our website.

1 Samuel 16.1–13 (Miles)

The LORD said to Samuel, 'How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons.' ²Samuel said, 'How can I go? If Saul hears of it, he will kill me.' And the LORD said, 'Take a heifer with you, and say, "I have come to sacrifice to the LORD."' ³Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you.' ⁴Samuel did what the LORD commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, 'Do you come peaceably?' ⁵He said, 'Peaceably; I have come to sacrifice to the LORD; sanctify yourselves and come with me to the sacrifice.' And he sanctified Jesse and his sons and invited them to the sacrifice. ⁶When they came, he looked on Eliab and thought, 'Surely the LORD's anointed is now before the LORD.'⁷But the LORD said to Samuel, 'Do not look on his appearance or on the height of his stature, because I have rejected him; for the LORD does not see as mortals see; they look on the outward appearance, but the LORD looks on the heart.' ⁸Then Jesse called Abinadab, and made him pass before Samuel. He said, 'Neither has the LORD chosen this one.' ⁹Then Jesse made Shammah pass by. And he said, 'Neither has the LORD chosen this one.' ¹⁰Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, 'The LORD has not chosen any of these.' ¹¹Samuel said to Jesse, 'Are all your sons here?' And he said, 'There remains yet the youngest, but he is keeping the sheep.' And Samuel said to Jesse, 'Send and bring him; for we will not sit down until he comes here.' ¹²He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The LORD said, 'Rise and anoint him; for this is the one.' ¹³Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the LORD came mightily upon David from that day forward. Samuel then set out and went to Ramah.

Psalm 23

- 1 The Lord is my shepherd; therefore can I lack nothing.
 - 2 **He makes me lie down in green pastures and leads me beside still waters.**
 - 3 He shall refresh my soul
and guide me in the paths of righteousness for his name's sake.
 - 4 **Though I walk through the valley of the shadow of death,
I will fear no evil; for you are with me;
your rod and your staff, they comfort me.**
 - 5 You spread a table before me in the presence of those who trouble me;
you have anointed my head with oil and my cup shall be full.
 - 6 **Surely goodness and loving mercy shall follow me all the days of my life,
and I will dwell in the house of the Lord for ever.**
- Glory to the Father, and to the Son, and to the Holy Spirit,
As it was in the beginning, is now and shall be forever. Amen**

Ephesians 5.8–14 (Rachel Culbertson)

For once you were darkness, but now in the Lord you are light. Live as children of light—⁹for the fruit of the light is found in all that is good and right and true. ¹⁰Try to find out what is pleasing to the Lord. ¹¹Take no part in the unfruitful works of darkness, but instead expose them. ¹²For it is shameful even to mention what such people do secretly; ¹³but everything exposed by the light becomes visible, ¹⁴for everything that becomes visible is light. Therefore it says, 'Sleeper, awake! Rise from the dead, and Christ will shine on you.'

John 9.1-41 (on separate sheet)

Services/events this week:

Morning prayer is said in church on Mon – Thurs at 8:30.

Evening prayer is said at 17:00 on Mon, Tue and Thurs

Wednesday 25 March

19:00 Holy Communion followed by the Jesus Prayer

Sunday 29 March

8:30 Holy Communion (traditional language)

11:00 Holy Communion

Charity Pub Quiz

Our next pub quiz has been cancelled

Daily Prayer

We strongly encourage people to download, and use, the **Daily Prayer app** (from aimer media), which includes daily morning, evening and night prayers, along with the bible readings for the day – especially if we need to self-isolate or when there is a shutdown of the city. There is also an app called **Time to Pray**, which has a shorter version of daily prayer.

Alternative bible reading patterns can be found on the **Bible app** or **youversion** of the Bible. The website Bible gateway is also helpful.

In our prayers:

Today is mothering Sunday in the UK, when we give thanks to God for our mothers or those who were mothers to us. We remember those who are no longer with us before God. We pray for mothers, especially those who are mothers of families in our community; and we pray for expectant mothers: thinking particularly of Mattie and Olga. Also give thanks for the safe delivery of Mark to Vasilisa and Lev Buinov. We pray that God will keep them all safe and healthy, especially at this time.

Prayer for coronavirus and ourselves

Read, reflect on and pray Psalm 23

Pray that God, in his mercy, will stop the spread of the coronavirus; and that a vaccine will be found

Pray that God will give us wisdom in our own contacts with other people

Pray for families separated by the virus, or people trapped far from home

Pray for health services, for protection for those on the front line, for wisdom for governments in taking difficult decisions to save lives.

Pray for those who have lost their income and their jobs

Pray for those who are vulnerable, especially those on their own.

Pray for those who are sick, for recovery

Pray for those who grieve, both because of deaths caused by coronavirus or for other reasons.

Lord Jesus Christ, Son of God, have mercy on us.

For enquiries about the church, contact chaplain@standrewsmoscow.org

Tel. 8 (495) 629 9889 (office) or +7 (925) 514 0513 (chaplain, day off: Friday).

For enquiries about concerts, please contact 8 (495) 664 2169

Chaplain: Rev Canon Malcolm Rogers. Wardens: Don Levens, Dan Culbertson