



**ST ANDREWS MOSCOW**  
[www.standrewsmoscow.org](http://www.standrewsmoscow.org)  
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Voznesensky Pereulok 8/5



## **WELCOME TO ST ANDREW'S**

### **Sunday 8 March, Second Sunday of Lent**

*If you are visiting, please introduce yourself to Josh or one of the service leaders.  
Refreshments are served after our Sunday services. Toilets are downstairs.  
Today the chaplain is at the Anglican community in St Petersburg where there is a  
confirmation service.*

**"My help comes from the Lord,  
the maker of heaven and earth"**

**8:30 Morning Prayer (traditional language)**

**11:00 Morning worship with group for children.** There is also a supervised play area for children under 5 in the room next to the church.

Leader: Nicolette Kirk; Preacher: Josh Cleaver; Intercessions: Helen Watson

The service will be followed by a simple lunch, donations in aid of the Barnabas fund. After lunch: youth group, and Lent course based on Beatitudes.

#### **Hymns:**

19 - All my hope on God is founded

164 - For God so loved the world

302 - I lift my eyes to the quiet hills

288 - I cannot tell

92 - Christ triumphant

**Collect:** Almighty God, by the prayer and discipline of Lent  
may we enter into the mystery of Christ's sufferings, and by following in his Way  
come to share in his glory; through Jesus Christ our Lord. Amen

**A prayer for Lent from St Ephraim the Syrian:** O Lord and Ruler of my life, do not  
give to me a spirit of laziness, discouragement, lust for power, or of idle talk.  
But give to me, Your servant, the spirit of self-control, humility, patience and love.  
O Lord and King, grant that I may see my own sins and not judge my brother or  
sister. For You are blessed now and forever. Amen.

## **Psalm 121**

- 1 I lift up my eyes to the hills; from where is my help to come?  
2 **My help comes from the Lord, the maker of heaven and earth.**  
3 He will not suffer your foot to stumble;  
he who watches over you will not sleep.  
4 **Behold, he who keeps watch over Israel shall neither slumber nor sleep.**  
5 The Lord himself watches over you;  
the Lord is your shade at your right hand,  
6 **So that the sun shall not strike you by day, neither the moon by night.**  
7 The Lord shall keep you from all evil; it is he who shall keep your soul.  
8 **The Lord shall keep watch over your going out  
and your coming in, from this time forth for evermore.**  
**Glory to the Father, and to the Son, and to the Holy Spirit,  
As it was in the beginning, is now and shall be forever. Amen**

## **Romans 4.1–5,13–17 (Olga Novikova)**

What then are we to say was gained by Abraham, our ancestor according to the flesh? <sup>2</sup>For if Abraham was justified by works, he has something to boast about, but not before God. <sup>3</sup>For what does the scripture say? ‘Abraham believed God, and it was reckoned to him as righteousness.’ <sup>4</sup>Now to one who works, wages are not reckoned as a gift but as something due. <sup>5</sup>But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.  
<sup>13</sup> For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. <sup>14</sup>If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. <sup>15</sup>For the law brings wrath; but where there is no law, neither is there violation.  
<sup>16</sup> For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, <sup>17</sup>as it is written, ‘I have made you the father of many nations’)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

## **John 3.1–17**

Now there was a Pharisee named Nicodemus, a leader of the Jews. <sup>2</sup>He came to Jesus by night and said to him, ‘Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.’ <sup>3</sup>Jesus answered him, ‘Very truly, I tell you, no one can see the kingdom of God without being born from above.’ <sup>4</sup>Nicodemus said to him, ‘How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?’ <sup>5</sup>Jesus answered, ‘Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. <sup>6</sup>What is born of the flesh is flesh,

and what is born of the Spirit is spirit.<sup>7</sup> Do not be astonished that I said to you, “You must be born from above.”<sup>8</sup> The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.’<sup>9</sup> Nicodemus said to him, ‘How can these things be?’<sup>10</sup> Jesus answered him, ‘Are you a teacher of Israel, and yet you do not understand these things?

<sup>11</sup> ‘Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. <sup>12</sup>If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? <sup>13</sup>No one has ascended into heaven except the one who descended from heaven, the Son of Man.<sup>14</sup> And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up,<sup>15</sup> that whoever believes in him may have eternal life.

<sup>16</sup> ‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

<sup>17</sup> ‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

### **Some questions for reflection:**

- 1) How do you understand being 'born again'?
- 2) Do you find it hard to approach the Holy Spirit as a *person*?
- 3) Born again implies a complete regeneration of the self. Think of one area in which God has influenced change in you and one area which you realise needs refinement.

## **Services/events this week:**

*Morning prayer is said in church on Mon – Thurs at 8:30. All are welcome*

### **Wednesday 11 March**

19:00 Holy Communion

20:00 A reflective bible study group, at which we will also use the Jesus Prayer.

### **Saturday 14 March**

11:30 – 17:00 Work day in St Andrew’s garden. Come and help us cut hedges, tidy up and take down one of the greenhouses. For those who stay, there will be pizza!!

### **Sunday 15 March**

8:30 Holy Communion (traditional language)

11:00 Holy Communion with groups for children, followed by a simple lunch, liturgy study group and Lent course on the Beatitudes.

## **Sign up for our occasional mailings**

If you have recently joined us or would like to receive occasional news mailings from St Andrew’s, please sign up by visiting the home page of our website and click on ‘sign up to receive our newsletter’.

# During Lent at St Andrew's

**ON SUNDAYS @ 13:15**

*Exploring the Anglican Liturgy.* A Study group on 1, 15, 29 March, 12, 26 April, 10, 24 May. *The youth group, for those aged 18-35, will meet on intervening Sundays.*

**A Lent course: Exploring the Beatitudes.** Weekly beginning today.

**ON WEDNESDAYS @ 20:00**

A contemplative bible study group at which we will use the Jesus Prayer and Lectio Divina.

**9 APRIL MAUNDY THURSDAY @ 19:00** communion with simple meal

**10 APRIL GOOD FRIDAY @ 12 noon – 3pm** Meditation; **@7pm** Good Friday service

## Charity Pub Quiz

Our next pub quiz is on Monday 30 March, 19:00, at Katie O'Shea's Irish pub at 7 Mokhovaya. We'd love to see you! The quiz is in aid of Mary's Meals. Tickets are available from Liz Bearman, or at [outreach@standrewsmoscow.org](mailto:outreach@standrewsmoscow.org), or on the door. 1500 roubles/team of 4, or 500/individual. A meal is included in the ticket price. Don't worry if you don't have a team – turn up and we'll find you one!

**Daily Prayer** and bible readings can be found on The *Daily Prayer* app. There is also a Church of England app for Lent: *livelent*. You can also find our prayer feed on the *PrayerMate* app - search for St Andrews, under churches – European.

## In our prayers:

- Pray for the confirmation in St Petersburg, for Bishop Robert as he travels, and for those being confirmed or received: Illka, Ruth, Maria and Iheancho. Pray for the community in St Petersburg, and particularly for Maria the warden.
- Pray for communities affected by coronavirus. Pray for wisdom for governments in decisions that they make, and for God's protection, mercy and the confidence that, whatever happens, he has promised to never leave us and to transform us into his likeness.
- Pray for those in need, continuing to pray for Alexander and Volodya, two of our guards who are having treatment for serious conditions.
- Pray for Ming following the death of her mother, Zhen zia Ann

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**For enquiries about the church**, contact [chaplain@standrewsmoscow.org](mailto:chaplain@standrewsmoscow.org)

Tel. 8 (495) 629 9889 (office) or +7 (925) 514 0513 (chaplain, day off: Friday).

**For enquiries about concerts**, please contact 8 (495) 664 2169

Chaplain: Rev Canon Malcolm Rogers. Wardens: Don Levens, Dan Culbertson